

Acculturation Continuum

Relaxed expectations for Men and Women

Integration

Assimilation



- **As/I**: Live independently
- **As/I**: Freedom to choose career, date, have sex and choose who they want to marry
- **As/I**: Choice to practice religion, spirituality or not!
- **As/I**: Do not live with extended family after marriage.
- **As/I**: Choose to dress in traditional and mainstream clothes